

# Early Years First Aid Fact Sheet



The following information is based on the Statutory Framework for the Early Years Foundation Stage (EYFS) 2017 which is mandatory for all early years providers in England.

## Which organisation's are affected?

Maintained schools, non-maintained schools, independent schools, all providers on the Early Years Register and all providers registered with an early years childminder agency.

## Who must be First Aid trained?

Anyone who is responsible for the care of a child under 5 years old in the absence of their parent should hold a suitable first aid certificate that meets the statutory requirements of the EYFS Framework 2017. This can include schools, nursery's, play workers, childminders, nannies, out-of-school clubs, babysitters, community & youth workers, forest schools practitioners and family members looking after children.

## **"Anyone who is responsible for the care of a child under 5"**

It is also now mandatory for all newly qualified early years practitioners from June 2016 onwards to hold a full Paediatric First Aid Certificate (12hr PFA) or Emergency Paediatric First Aid Certificate (6hr EPFA). It is also a requirement for any childminders or childminding assistants who are in sole charge of children to hold a full (12hr) Paediatric First Aid Certificate



## Relevant training

Training must be specific to early years settings.



## One of two days?

Depending upon your needs you may need take the full Paediatric First Aid Course (12hrs) or the Emergency Paediatric First Aid course (6hrs)



## Online (e-learning)

It is now possible to complete a 12hr Paediatric First Aid course as 'blended learning' which is a 1-day practical and a 1-day e-learning (online) module.

## Which staff in an Early Years Organisation must be trained?

At least one person must hold a current paediatric first aid certificate and be on the premises at all times when children are present or when accompanying children on outings.

As this does not account for sickness, leave, number of children, layout of premises or location it is highly recommended that several staff should be first aid trained so that, in the absence of the nominated first aider, there is always a first aider present.



## What first aid training provider can I use?

The first aid provider must be able to deliver Paediatric First Aid Courses in line with the EYFS guidelines which include the following criteria:

- ✚ The certificate must be for a full course (this a minimum of a 12hrs for a PFA or 6hrs for a EPFA)
- ✚ The certificate must be valid for three years
- ✚ The course must be relevant for those who care for young children & babies
- ✚ The course content must be in-line with the criteria specified in the EYFS standards

Further details can be found on page three and online in the [EYFS 2017 Guidelines >>](#)

### ***“The course must be relevant for those who care for young children & babies”***

The first aid provider can be self-regulated, member off a trade body, from the Voluntary Aid Societies or Ofqual approved. To ensure you have the best choice possible Lakes First aid is a member of a trade body (the First Aid Industry Body), offers Ofqual approved courses from the Qualifications Network (QNUK) and blended learning (1-day practical and 1-day online) with Tiger Lilly Training.

### **In summary**

The minimum requirement in any early years setting is one Paediatric First Aider

It may be necessary for several or all staff to be Paediatric First Aid trained

Training can either be a full Paediatric First Aid Certificate (12hr PFA) or Emergency Paediatric First Aid Certificate (6hr EPFA)

Training can be undertaken buy any first aid provider providing they meet the EYFS guidelines.



# EYFS 2017 criteria for effective Paediatric First Aid Training

The following information is an extract from the Statutory Framework for the Early Years Foundation Stage 2017 document (page 36, Annex A).

1. Training is designed for workers caring for young children in the absence of their parents and is appropriate to the age of the children being cared for.
2. Following training an assessment of competence leads to the award of a certificate.
3. The certificate must be renewed every three years.
4. Adequate resuscitation and other equipment including baby and junior models must be provided, so that all trainees are able to practice and demonstrate techniques.
5. The emergency PFA course should be undertaken face-to-face and last for a minimum of 6 hours (excluding breaks) and cover the following areas:
  - + Be able to assess an emergency situation and prioritise what action to take
  - + Help a baby or child who is unresponsive and breathing normally
  - + Help a baby or child who is unresponsive and not breathing normally
  - + Help a baby or child who is having a seizure
  - + Help a baby or child who is choking
  - + Help a baby or child who is bleeding
  - + Help a baby or child who is suffering from shock caused by severe blood loss
6. The full PFA course should last for a minimum of 12 hours (excluding breaks) and cover the areas set out in paragraph 5 as well as the following areas:
  - + Help a baby or child who is suffering from anaphylactic shock
  - + Help a baby or child who has had an electric shock
  - + Help a baby or child who has burns or scalds
  - + Help a baby or child who has a suspected fracture
  - + Help a baby or child with head, neck or back injuries
  - + Help a baby or child who is suspected of being poisoned
  - + Help a baby or child with a foreign body in eyes, ears or nose
  - + Help a baby or child with an eye injury
  - + Help a baby or child with a bite or sting
  - + Help a baby or child who is suffering from the effects of extreme heat or cold
  - + Help a baby or child having: a diabetic emergency; an asthma attack; an allergic reaction; meningitis; and/or febrile convulsions
  - + Understand the role and responsibilities of the paediatric first aider (including appropriate contents of a first aid box and the need for recording accidents and incidents)
7. Providers should consider whether paediatric first aiders need to undertake annual refresher training, during any three year certification period to help maintain basic skills and keep up to date with any changes to PFA procedures.