

Paediatric First Aid (Blended Learning)

Participant information



Times

The course includes a 1-day practical and a 1-day online (e-learn) course. The practical day includes two x 15 minute refreshment breaks and a 30 minute lunch break. Course registration is at 9.20am and finishes at 4.30pm. Please be punctual at all times as this course requires 100% attendance to qualify.

Outline

The practical course provides you with an opportunity to practise and update your first aid skills. This will include practical, hands-on scenarios that will develop your confidence in administering first aid and provide you with essential life saving skills. The e-learning course includes a number of modules that use a range of videos and interactive study tools to make the course fun, interesting and memorable.

What to bring

- + Lunch (refreshments will be available for morning and afternoon breaks)
- + Comfortable clothing suitable for moving around and lying on the floor

What to expect

The course includes a number of indoor practical scenarios which involve lying on the floor, being checked for 'injuries' and physically moving people. Please look after yourself, lift / lower appropriately & take care of your knees. You are asked to respect & consider the well-being of others throughout. Please let your trainer know if you are uncomfortable with anything and if you have any pre-existing injuries/illnesses that they should be made aware of.

In order to simulate real life first aid scenarios you will be required to take on the role of casualty, first aider and observer. This is a good indicator of your understanding and learning. Based on the scenarios given to you by your trainer you will be expected to:

- + Demonstrate signs and symptoms accurately as the casualty
- + Reflect on your performance as first aider & consider all feedback from the casualty / observer
- + Give fair and balanced feedback on the learning points

Assessment & certification

Assessment is ongoing throughout the course. In order to qualify for your certificate you are required to attend both the practical course and complete the e-learn module. Please note: you have up to 2 weeks to finish your e-learning module. We strongly recommend you agree dedicated time with your organisation to ensure that you can complete the module in time. A certificate valid for three years will be provided on successful completion of both the practical course and e-learning module.

What we provide

The course is focused on relevant practical first aid skills that can be applied to real situations. We encourage an active & experiential approach to learning that supports your skill development.

We use clear, simple relevant explanations of theory and supply a first aid manual that supports and builds on your first aid knowledge. We are happy to signpost further information if required.

Outline

The core training of Paediatric First Aid covers how to assess & treat a casualty who is bleeding, unconscious or stopped breathing. This also includes the skills necessary to treat a range of injuries / illnesses in the early years setting. The key topics & learning outcomes can be found below.

Practical day

Introduction

- The role of a first aider & priorities of first aid

Assessing vital signs

- Checking brain activity, airway, breathing & circulation

Casualty approach

- Performing the primary survey of an adult, child or baby that is unresponsive (D.R.S + A.B.C.)

Stabilising an unresponsive casualty

- Placing an unresponsive person in a stable position (recovery position for and adult or child)

Secondary survey

- Assessing a casualty for further injuries, illnesses & vital information for summoning help

Medical emergencies

- Treating immediately life threatening conditions including choking, seizure & anaphylaxis

Treating a non-breathing casualty

- Performing CPR on an adult, child or baby and the use of a defibrillator (AED)

Managing severe bleeding

- Administer first aid to an adult, child or baby who is bleeding, wounded &/or suffering from shock

E-learning topics

- The aims of First Aid, the role of the paediatric first aider
- Accident reporting and first aid kits
- Epilepsy and seizures
- Meningitis
- Asthma
- Allergic reactions and anaphylactic shock
- Fractures, dislocations, sprains & strains
- Head, neck and spinal injuries
- Croup
- Sickle Cell Anaemia
- Diabetes
- Poisons
- Bites & stings
- Electrical shocks, burns & scalds
- Extreme temperatures: heat stroke, hypo and hyperthermia