

Risk Assessments for a COVID-Secure Training Setting



The following is a core risk assessment undertaken by Lakes First Aid as part of our new measures to ensure our training courses meet current government guidelines for a COVID-Secure environment for both staff & customers.

These risk assessments should be seen as information to customers as well as guidance to staff & who should also carry out dynamic risk assessments and apply good judgement to each situation when making decisions about the safety of staff, participants and the general public.

Lakes First Aid will provide additional written site-specific risk assessments if appropriate or communicate further information, updates or recommendations to customers & staff prior to a training course.

Hazards	Control measures
Risk of infection from others	<ul style="list-style-type: none">• Customers to follow latest advice i.e. vulnerable groups to remain shielded at home and those who are symptomatic, or who have been in contact with someone who is symptomatic should self-isolate• Pre-course information to cover self-screening advice prior to arrival• Pre-course self-screening questionnaire provided to participants• COVID-Secure checks completed by organisations providing in-house courses• Participants screened on arrival
Handwashing, sanitation facilities and toilets	<ul style="list-style-type: none">• Handwashing & sanitising signs are displayed in toilets & training room• Hand sanitiser is available before entering the venue / room and available for use after handling equipment & refreshment facilities• Participants encouraged to use toilets as required to avoid a higher demand during breaks• Handwashing and sanitising briefing provided during course introduction & prior to all contact activities

Hazards	Control measures
<p>Shared venues</p>	<ul style="list-style-type: none"> • All public venue's should have a low volume of occupancy • Organisations must demonstrate how measures are in place for managing employee numbers • Venues & organisations must safely demonstrate how social distancing is implemented
<p>Extended periods of time in an enclosed space with others</p>	<ul style="list-style-type: none"> • Face to face learning via video conferencing to reduce face-to-face contact time • Training room is suitable to allow sufficient social distancing • Participant numbers are appropriate to accommodate social distancing • Room layout ensures learners are all facing in the same direction • Where appropriate doors and windows are kept open to allow suitable air flow • Participants encouraged to take fresh air breaks & to eat outside of the training room • Where possible, sessions held outdoors to ensure sufficient air circulation
<p>Infectious agents living on high touch items</p>	<ul style="list-style-type: none"> • High touch items (door handles, toilet flushes etc.) are cleaned on a regular basis • A cleaning schedule is implemented for all public courses • Cleaning schedule checks are completed by organisations for all in-house courses • All disposable materials including gloves, wipes & disposable PPE are disposed of after use and removed from the training room at the end of the day
<p>Infectious agents being transferred via surfaces i.e. seating, tables & floors</p>	<ul style="list-style-type: none"> • Each participant is assigned items i.e. chair & table, only to be used by that individual during the course • Each participant is assigned a specific working zone for all practical activities (currently 4m² / person) • Each table, chair & floor surface is sanitised after use & immediately before its next use • If possible plastic or metal chairs are used for easier cleaning

Hazards	Control measures
Infectious agents being transferred via training equipment	<ul style="list-style-type: none"> • Each participant is assigned training equipment only to be used by that individual during the course • All training equipment is sanitised after use & immediately before its next use • Participants are responsible for sanitising their own non disposable equipment before & after each use
Break times	<ul style="list-style-type: none"> • For venues or organisations with a large volume of people, breaks should be staggered & co-ordinated with other occupiers / employees • Participants will be asked to bring a packed lunch & own refreshments • Where possible boiling water will be made available however participants will be asked to bring their own cups i.e. travel mug • Learners are encouraged to take breaks outside; weather permitting • Break times will be extended to allow time for hand washing and to maintain low occupation of toilets
Practical assessments	<ul style="list-style-type: none"> • Assessments have been modified to minimise physical contact between participants • Each learner will be provided with their own resuscitation mannikin & CPR device i.e. pocket mask • Where possible, mannikin clothing has been removed to allow for more effective cleaning • Where clothing is part of the manikin, an additional layer is applied which is removed and cleaned after each session (60°C wash) • Participants are issued with their own dressings, bandages & other training props for use during training which will be either disposed of or, if possible, cleaned after each session (60°C wash)

Review (How control measures will be maintained throughout a training course)

Continual monitoring of participant's signs & symptoms, trainers own health and any venue changes that may occur on the day. Trainers are expected to adopt a flexible approach and be prepared to alter, change, remove a participant or even stop the course.